
Big Idea: Forbid fear to be your focus.

Main Passage: Psalm 4:8
In peace I will lie down and sleep, for you alone, O LORD, will keep me safe.

Three Ways To Reframe Failure:
• Validate the right voice.
• Adjust out outlook.
• Dream big.

Discussion:

What?
What insights or observations did you learn from this weekend’s message? What did you find helpful, eye opening, or troubling?

When Dusty said, “Forbid fear to be your focus,” what do you think he meant?

Read 2 Timothy 1:6-10. Paul is writing to Timothy, one of his closest mentees, to encourage him to continue the good work that God has called him to when he writes these words. At this time, many of Paul’s ministry acquaintances, including many of Jesus’ original 12 disciples, had been put to death for their unwavering faith. And Paul? He was sitting in a dungeon in Rome and was beheaded soon after writing this letter. Read the passage again within that context.

It would’ve have been exceptionally easy for Paul to view his mission as a failure and encourage others to just let the dream of the church die along with the men and women who pursued Jesus. But he didn’t. What was it that Paul hung onto that allowed him to encourage Timothy the way he did?

Dusty outlined three ways to reframe our fear of failure. How do you see Paul validating the right voice, adjusting his outlook, and continuing to dream big?

So What?
Share a moment when you’ve lost sleep over a fear or anxiety.

Read Psalm 4:8. Anxiety is a real thing that affects every person who breathes. How does God allow us to lay down and sleep in peace? How does he protect us?

How can reframing the way you see failure change how you approach changing situations, opportunities, and following Jesus?

Here’s a simple yes or no question: Do you believe this is all true?
Do What?
The answer to that last question will directly affect how you answer this: What do you think you need
to do to strengthen your resolve that no one can take anything from you because of Jesus?

What questions do you have or fears that need worked through to continue the pursuit of Christ’s
purpose in you?

Take a moment to pray about those for each other.

“If we are to slay dragons of fear in the night, we must remember God’s faithfulness to us throughout
the day.” –John Piper

Scriptures for further study or memorization:
*Use these as a reference to help reframe your mind when facing the fear of failure.*

**Deuteronomy 31:6 (NIV)**
6 Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes
with you; he will never leave you nor forsake you.”

**Psalm 121 (NIV)**
1 I lift up my eyes to the mountains—
   where does my help come from?
2 My help comes from the Lord,
   the Maker of heaven and earth.
3 He will not let your foot slip—
   he who watches over you will not slumber;
4 indeed, he who watches over Israel
   will neither slumber nor sleep.
5 The Lord watches over you—
   the Lord is your shade at your right hand;
6 the sun will not harm you by day,
   nor the moon by night.
7 The Lord will keep you from all harm—
   he will watch over your life;
8 the Lord will watch over your coming and going
   both now and forevermore.

**1 Samuel 16:7 (NIV)**
7 But the Lord said to Samuel, “Do not consider his appearance or his height, for I have rejected him.
The Lord does not look at the things people look at. People look at the outward appearance, but the
Lord looks at the heart.”

**Philippians 1:6 (NIV)**
6 being confident of this, that he who began a good work in you will carry it on to completion until the
day of Christ Jesus.