



**Sermon Series:** What Keeps You Up at Night? - Fear of Failing Family.

**Big Idea:** Big Idea: Stop stressing about your family and start entrusting them to God's care.

**Main Passage:** Luke 8:40-42, 49-56

<sup>40</sup>Now when Jesus returned, a crowd welcomed him, for they were all expecting him. <sup>41</sup>Then a man named Jairus, a ruler of the synagogue, came and fell at Jesus' feet, pleading with him to come to his house <sup>42</sup>because his only daughter, girl of about twelve, was dying.

...<sup>52</sup>Meanwhile, all the people were wailing and mourning for her. "Stop wailing," Jesus said. "She is not dead but asleep." <sup>53</sup>They laughed at him, knowing that she was dead. <sup>54</sup>But he took her by the hand and said, "My child, get up!" <sup>55</sup>Her spirit returned, and at once she stood up...

**Three ways to stop stressing about your family:**

- They were His first.
- Jesus is always present (even in their crisis).
- Entrust them to God.

**Discussion:**

**What?**

Dusty said in his sermon that we need to remember that our family was God's family before they were ours. Read Matthew 7:11. This verse was included in one of Jesus' teachings about prayer but we can learn about the kind of father that all of us have in God from it. How does this verse describe the kind of father that God is?

Read John 11:35. Two simple words can help us understand something about Jesus. This verse was written in a story where Lazarus, a brother of two sisters, had passed away. The sibling trio were close personal friends to Jesus. It was Jesus' intent to raise Lazarus from the dead and there was no self-doubt in his ability to do so, yet he cried. Why do you think he cried?

The story of Jairus is a great example of a father entrusting his daughter into the hands of Jesus. Read the story used in the sermon in Luke 8:49-56. In what ways do you see Jairus entrusting his daughter to Jesus?

**So What?**

What are some of the things that stresses you out the most about family?

How can we have peace for our families when we recognize the kind of father God is?

How does Jesus' compassion while here on earth show his presence with us now even in difficult times?

The big idea of the sermon was to stop stressing about your family and start entrusting them to God's care. What does that look like?

## **Do What?**

What's a step that you can take this week to stress less and trust more?

### **Scriptures for further study or memorization:**

*Use these as a reference to help you stop stressing about your family and entrust them to God's care.*

#### **3 John 4**

I have no greater joy than to hear that my children are walking in the truth.

#### **Mark 9:24**

Immediately the boy's father exclaimed, "I do believe; help me overcome my unbelief!"

#### **Psalms 127:3**

Children are a heritage from the Lord, offspring a reward from him.

#### **Lamentations 2:19**

Arise, cry out in the night, as the watches of the night begin; pour out your heart like water in the presence of the Lord. Lift up your hands to him for the lives of your children, who faint from hunger at every street corner.

#### **Romans 8:32**

He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?

#### **Psalms 139:13,16**

<sup>13</sup>For you created my inmost being; you knit me together in my mother's womb.

<sup>16</sup>Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

#### **Ephesians 6:1-4**

Children, obey your parents in the Lord, for this is right. "Honor your father and mother"—which is the first commandment with a promise— "so that it may go well with you and that you may enjoy long life on the earth." Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

**Read the story of Hannah for a great example of trusting God. 1 Samuel chapter 1 through 2:21.**